



Resilience * Brilliance * Presence

Presilience Coaching and Evolutionary Leadership

Coaching Investment

Greetings,

Hiring a coach takes trust. You may feel like you are diving into the unknown. If you have had no prior experience of coaching you may not necessarily know what to expect and you may feel quite anxious and even resistant. Be curious about this and any other thoughts or feelings that come up for you. This is quite natural. Part of my role at this initial stage is to help you make the best decision, for you, at this time. It may be that I am not the best coach for you, or that coaching is not the best solution for you, in which case I will happily refer you.

This is a decision to invest in yourself. I know from my own experience hiring a coach and investing in personal and professional development that this takes courage and commitment! It may help to see yourself as an “asset” and “investing in yourself” as *raising the value of this asset*.

If we take this journey together, you can expect powerful results from our coaching but it will take us both to play full out. I can guarantee, if we work and co-create together in this way, the growth, shifts and expansion you will experience will be reflected in your circumstances and in the system around you. I am confident this will be worth every ounce of your financial, time and energy investment.

Payment Structure

With regards to honouring invoices, I charge for the **first three sessions upfront** and appreciate, where possible, payment to be settled *before* our Intake Session. Thereafter, you can opt to continue upfront payments for three sessions in advance, **or** receive a monthly invoice. Making this upfront payment is a compelling statement to yourself mirroring your intentions. I will invoice you immediately on receipt of your approval and choice of payment structure. See below.

Personal Investment Structure

Cost per Session	3 Session Coaching Program (over 2 months)	6 Session Coaching Program (over 3 months)	9 Session Coaching Program (over 5 months)	12 Session Coaching Program (over 6 months)	Cost if full amount paid up front
R1,200	R3,600	R7,200	R10,800	R14,400	R12,000

Please email your approval to wendyward@meta-morphic.co.za

Corporate Investment Structure

Cost per Session	3 Session Coaching Program (over 2 months)	6 Session Coaching Program (over 3 months)	9 Session Coaching Program (over 5 months)	12 Session Coaching Program (over 6 months)	Cost if full amount paid up front
R2,400	R7,200	R14,400	R21,600	R28,800	R25,000

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